

# PERSPECTIVES OF THE DAY

## CHANGING PERSPECTIVES

### NATIONAL DAY

#### National Carrot Cake Day

February 3<sup>rd</sup> is  
National Carrot  
Cake Day! This is the

When sugar was too  
expensive or difficult  
to acquire, it was

WHAT DO KIDS PLAY ON LEAP DAY?  
HOP-SCOTCH!

day that celebrates  
the dessert that lets  
us have veggies and  
sweets in the same  
bite. It is said that  
carrot cake evolved  
from the Medieval  
meal, the carrot  
pudding, which  
included hollowing  
out a carrot and  
filling it with  
breadcrumbs and  
other fillings much  
like stuffed peppers.

often that sweet  
vegetables like  
rhubarb, sweet  
potatoes, beets,  
zucchini, or even  
peas were used to  
sweeten up cakes,  
breads, and other  
sweets. Carrot cake  
usually had the  
same texture as  
types of sweet  
breads, but even  
being made into  
pumpkin like pies



#### TODAY IN HISTORY

- IN 1863, SAMUEL CLEMONS USES THE MONIKER MARK TWAIN FOR THE FIRST TIME.
- IN 1882, P.T. BARNUM PURCHASES HIS WORLD FAMOUS ELEPHANT JUMBO.
- IN 1959, THE PLANE CARRYING MUSICIANS BUDDY HOLLY, RITCHIE VALENS, J.P. RICHARDSON GOES DOWN KILLING EVERYONE ON BOARD.,
- IN 1962, PRESIDENT KENNEDY BANS ALL TRADE WITH CUBA.
- IN 1980, LARRY HOLMES KOS LORENZO HOLMES IN 6 FOR HEAVYWEIGHT TITLE.

with crusts or even pastries. The first recipe for carrot cake appeared in France by a baker named Antoine Beauvillier. The recipe evolved as it travelled across Europe, travelling to the United States where carrots were promoted by the government during wartimes. Carrot cake has now traditionally become a thick textured cake with spices like nutmeg and cinnamon, some even add nuts or raisins to their batter,

with a cream cheese frosting. This frosting was added as a staple to the carrot cake in the late 19<sup>th</sup> and early 20<sup>th</sup> centuries. In Brazil, carrot cake is served with a chocolate ganache frosting Also, carrot cake has been transformed into many different things, cheesecake, cookie and whoopie pie recipes that include the same ingredients. There are many ways that you can observe National Carrot Cake day; you can

go to your favorite bakery to get their rendition of this veggie cake. Supporting local restaurants and trying tons of different carrot cakes might give you carrot cake burn out but this is the best day to do it! You could even try your hand at some favorite recipes for different kind of carrot cake desserts! However you decide to celebrate, enjoy your sweet and enriching day!

**Jesus looked at them and said “With man it is impossible, but not with God. For all things are possible with God.”**

**-Mark 10:27**

## TODAY'S INTERESTING FACT

### Interesting Fact

Buddy Holly passed away today in 1959. He was an American singer, songwriter, and musician who was a lead figure in the advancement of rock n' roll. He grew up in a musical family during the depression, and developed his musical skills with his siblings. His first local television appearance was in 1952, he developed the band Buddy and Bob with his friend Bob Montgomery, and then opened for Elvis Presley in 1955. After this, he decided that he would pursue a career in music. He opened three more times for Presley that year, and after he opened for Bill Haley & His Comets he was approached by a music agent from Decca Records. Over his short career, he wrote and recorded many demos and singles, his most famous becoming Peggy Sue and he created the standard band set up for rock music. During the Winter Dance Party tour, Holly along with Ritchie Valens and J.P. Richardson got into a plane to travel a different town in Iowa. The plane went down in the inclement weather and everyone on board including the pilot were killed. Holly remains one of the leaders of the rock n' roll era.

## TRIVIA

### Trivia

What was the name of the movie that Disney created based on Jumbo the Elephant?

- A: Jumbo
- B: Dumbo
- C: Titan
- D: Babar