

# PERSPECTIVES OF THE DAY

## CHANGING PERSPECTIVES

### NATIONAL DAY

#### Eat a Red Apple Day

Since 6500 BC apples have been a staple in not only healthy diets but also in decoration, entertainment, and delicious

snacks for animals. Autumn marks harvest time for these red jewels,

which brings about lots of delicious snacks and fun!

America's lore with apples started in the early 19<sup>th</sup> century with tales of Johnny Appleseed planting tons of apple trees from the East Coast to the Midwest. Back then, the apples were small and tart and primarily used for brewing cider. It wasn't until 1875 when the red crispy apples we enjoy today was discovered in a small town in Peru, Iowa.

By the time the Great Depression was infringing across

the nation, red apples were one of the major foods traded and shared among the American people. From the scarcity around

WHY DID THE APPLE JOIN  
THE CIRCUS?  
IT LOVED THE APPLE-  
AUSE!

this time and because the fruit would be harvested in the fall, children would gift

teachers apples. The old adage "An apple a day keeps the doctor away" was originated in Wales but was proven true by doctors in 2012, due to their being high in antioxidants.

Celebrate Eat a Red Apple Day by doing lots of fun things, baking a pie, making caramel apples, making simmer pots with cinnamon, rosemary, and apples, bobbing for apples, or even just taking a big bite out of a beautiful Red Delicious!

### TODAY IN HISTORY

On December 1<sup>st</sup>, there are a few things across history that have changed the future.

- The Ford Company institutes the first moving assembly line for the Model T Ford on Dec 1<sup>st</sup>, 1913.
- Rosa Parks arrested for not moving to the back of the bus on Dec 1<sup>st</sup>, 1955.

On December 1<sup>st</sup>, twelve countries signed a treaty making Antarctica a scientific preserve. This prohibits any military activity and will only be used for scientific research. This was the first treaty signed during the Cold War that had to do with arms control. This led to the country becoming one of peace, scientific research, and animal conservation.

What other National Day is December 1<sup>st</sup>?

- A. Human Rights Day
- B. World AIDS Day
- C. Maple Syrup Day
- D. National Cocoa Day

**IN THE BEGINNING WAS THE WORD, AND THE WORD WAS WITH GOD, AND THE WORD WAS GOD. HE WAS IN THE BEGINNING WITH GOD...AND THE WORD BECAME FLESH AND DWELT AMONG US, AND WE HAVE SEEN HIS GLORY, GLORY AS OF THE ONLY SON FROM THE FATHER, FULL OF GRACE AND TRUTH.**

**-JOHN 1:1-2, 14**

# Eat a Red Apple Day

RED LSEIODIUC \_\_\_\_\_  
JATOHNNA \_\_\_\_\_  
REO \_\_\_\_\_  
JFI \_\_\_\_\_  
MCINOSTH \_\_\_\_\_  
TOSEIHCY LHMPAC \_\_\_\_\_  
EIRB \_\_\_\_\_  
RAHTE HHETLA \_\_\_\_\_  
XINNOAISDTAT \_\_\_\_\_  
UCIY \_\_\_\_\_  
RSPC \_\_\_\_\_